

YEAR 2018-19

Personality Development & Communication Skill Enhancement Programme

CIRCULAR

TRAINING & PLACEMENT CELL
Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun

Circular

Date: 27.04.2019

This is for the information of the students of M. Sc. Pharmaceutical Chemistry Microbiology/Biotechnology/Botany/Zoology/Forestry/Physics/Biochemistry/Agronomy/Chemistry final year that Training & Placement Cell is organising a Motivational Session by the experts of one of renowned institution in Dehradun. The programme would be including a Personality Development session & Communication Skill Session with all the final year students.

All the final year students of Microbiology/Biotechnology/ Pharmaceutical Chemistry/ Agronomy/Botany/Zoology/Forestry/Physics/Biochemistry/Chemistry are advised to get themselves registered in Training & Placement Cell before 3rd May 2019. The final date & venue detail will be communicated separately.

(V K Nagpal)

Additional Director

Copy to-

1. Chairman office
2. Principal office
3. H.O.s- Microbiology/Biotechnology/ Pharmaceutical Chemistry/ Chemistry/ Agronomy/Botany/Zoology/Forestry/Physics/Biochemistry
4. Notice Board- Main
5. Notice Board- Training & Placement Cell

Report

Training and placement Cell organised motivational session on Personality Development & Communication Skills by Shri Rahul Mishra, Director office Academy, Dehradun on 10th May 2019 for the final year students of the Institute. Shri Rahul Mishra interacted with the participants on the seasonal theme. He spoke on various aspects of personality and also discussed many techniques for enhancing the above skills by an individual for achieving the desired results by inculcating habits of setting up the goals, time management, behaviour, thoughts, analysis of situation and work management, etc. The students took keen interest and raised many queries which were ably answered by the guest speaker. It was decided to hold such motivational lectures regular.



Quiz On HIV/AIDS (Myth & Truth

CIRCULAR

+YOUTH RED CROSS+

DOLPHIN (P.G.) INSTITUTE OF BIOMEDICAL & NATURAL SCIENCES, DEHRADUN

Date: 07.05.2019

This is for the information of all the students that Youth Red Cross Unit of the institute is organizing World Red Cross Day in the premises of the institute on 08 May 2019 (Wednesday). The details of the programme are mentioned below:-

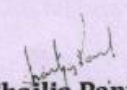
Date: 08 May 2019

Time: 11.00 hrs onwards

Activities: Speech & Quiz

Topic- HIV AIDS (MYTH & TRUTH)

The students can take part in the above activities and they are advised to enroll themselves to Shree Shivsharan Singh, Assistant Professor, Department of Biochemistry by 07 May 2019. The winners will be given I, II & III prizes in both Speech & Quiz categories.


(Dr. Shailja Pant)
Principal

Copy to-

1. Chairman office
2. Principal office
3. Dean- DSWC
4. H.O.D.s- Microbiology/Biotechnology/ Pharmaceutical Chemistry/ Chemistry/ Agronomy/Horticulture/Commerce/Physiotherapy/Botany/Zoology/Forestry/ Physics/Biochemistry/B. Ed/Medical Lab Technology
5. Notice Board

Report

Youth Red Cross (YRC) of the Dolphin institute celebrated World Red Cross Day at college premises on 8th may 2019. The topic of the programme was HIV-AIDS (Myth & Truth). On this topic, two events i.e Quiz and speech were organised by the Youth Red Cross Unit of this Institute. The participants were got 1, II, and IIIrd positions and awarded with price money in each events. Director of the institute Dr. Arun Kumar, DSW Shri Vipul Garg, Coordinator YRC Mr. Shivsharan Singh and Dr. Shalini Aanand along with students were present on the occasion.



Swachhatath Pakhwada" from September, 15 to October 2 2018

CIRCULAR

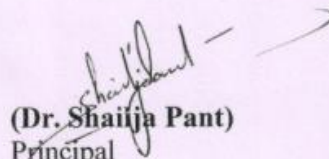
**Dolphin (PG) Institute of Biomedical & Natural Sciences
Manduwala, Dehradun**

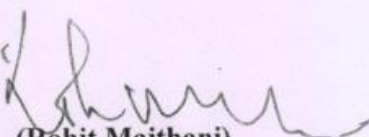
NCC/DIBNS/2018-19

Date: 14-09-2018

NOTICE

This is to inform all NCC cadets that the Swachta Pakhwada will start from 15th September to 2nd October, 2018 at Dehradun Area.


(Dr. Shailja Pant)
Principal


(Rohit Maithani)
ANO, DIBNS

Report

29 UK Bn NCC organized "Swachhatath Pakhwada" from September, 15 to October 2 2018, During the event following activities were conducted by the NCC Unit Dolphin Institute: An awareness rally for cleanliness was conducted on 15 & 16 September 2018 upper suduwala to enlighten neighbouring population about the importance of cleanliness. The cadets interacted with the school students and met people house to house to explain the benefits of cleanliness. They held a mass Rally holding the posters with effective slogans and also lauded cleanliness during the rally.

During the cleanliness drive the Dolphin NCC unit took an initiative to paint the walls with messages to make people aware of cleanliness. Theset programme was organized on 21 & 22 September 2018 at Manduwala, Deharadun. The Dolphin NCC Unit made the residents of Bhauwala Slum area aware of ills of ODF (Khule me Sauch) on 26 September 2018. They also delivered the information to the people on schemes run for individual toilets by the State and Centre Govts.



Cleanliness Drive

CIRCULAR

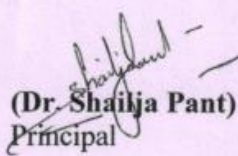
Dolphin (PG) Institute of Biomedical & Natural Sciences
Manduwala, Dehradun

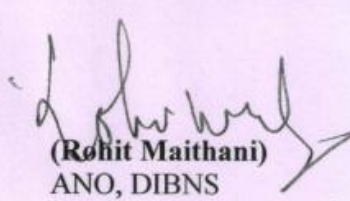
NCC/DIBNS/2018-19

Date: 10-12-2018

NOTICE

This is to inform all NCC cadets that the 'Cleanliness Drive' will be organized on 11th December, 2018 onwards at Manduwala.


(Dr. Shailja Pant)
Principal


(Rohit Maithani)
ANO, DIBNS

REPORT

On 11th of December 2018 Dolphin NCC organized a drive to clean the area surrounding the college. The very motive of the drive was to promote the message of Swachh Bharat. Cadets of NCC displayed slogans, Nukkad nattaks and various other activities in public.



Wetland Cleanliness Drive

CIRCULAR


**Dolphin (PG) Institute of Biomedical & Natural Sciences
Manduwala, Dehradun**

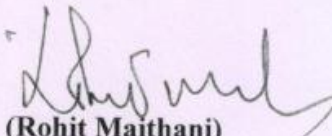
NCC/DIBNS/2018-19

Date: 01-02-2019

NOTICE

This is to inform all NCC cadets that the 'Wetland Cleanliness' will be organized on 2nd February, 2019 onwards at Aasan Bairaj.


(Dr. Shailja Pant)
Principal


(Rohit Maithani)
ANO, DIBNS

Report

Plastic waste is one of the challenges in front of humanity. NCC cadets of Dolphin college on 3rd February 2019 visited a Wetland named “Asan” and cleaned the area for wetlands are the kidneys of ecosystem.



Trekking with Swachta Abhyan

CIRCULAR


**Dolphin (PG) Institute of Biomedical & Natural Sciences
Manduwala, Dehradun**

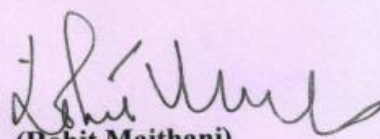
NCC/DIBNS/2018-19

Date: 29-03-2019

NOTICE

This is to inform all NCC cadets that the
'Tracking' will be organized on 30th March, 2019
onwards at Bhadraj.


(Dr. Shailja Pant)
Principal


(Rohit Maithani)
ANO, DIBNS

Report

Valley of Dehradun is surrounded by mountains. And on many cliffs, there are temples which appeared close but in real it requires stamina, strength, team work and lots of adventure to reach there. NCC Dolphin organized the trekking to Bhadraj temple in March 2019 and cadets had passed seven mountains to reach there. Mountains test the real substance in us.



Anti-Tobacco day

CIRCULAR

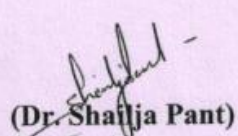
**Dolphin (PG) Institute of Biomedical & Natural Sciences
Manduwala, Dehradun**

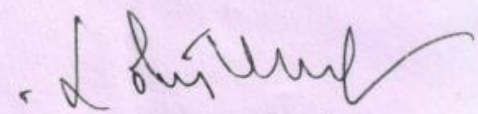
NCC/DIBNS/2018-19

Date: 30-05-2019

NOTICE

This is to inform all NCC cadets that the 'Tobacco Day' will be organized on 31st May, 2019 onwards at Institute campus.


(Dr. Shailja Pant)
Principal


(Rohit Maithani)
ANO, DIBNS

Report

On 31st May 2019 our cadets of NCC with Lt Rohit Maithani, ANO had visited college adjoining villages, Shops near schools and various public places for spreading awareness about STOP TOBACCO immediately. Tobacco leads to cancer and the painful death is the ultimate destination of tobacco users, this was the main theme of the day.



Debate Competition- Gender Equality in Modern India (Myth & Truth) 8/3/2019

CIRCULAR

N. S. S. (National Service Scheme)
Dolphin (P.G.) Institute of Biomedical & Natural Sciences, Dehradun

Circular
INTERNATIONAL WOMEN'S DAY (8th March 2019)

Date: 07.03.2019

This is for the information of all the students of UG courses only that like every year this year too 8th March 2019 is being celebrated as "International Women's Day". On the occasion, National Service Scheme (NSS) unit of the institute is organizing a debate competition on the topic mentioned below:-

Topic: - GENDER EQUALITY IN MODERN INDIA (MYTH & TRUTH)

Venue: - Old Library Hall (Conference Hall-1)

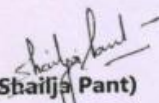
Date: - 8th March 2019

Time: - 2.30 pm onwards

The participants of UG courses only are advised to contact the following officials for enrolment in the above debate latest by 8th March 2019 up to 11.00 hrs positively:-

1. Mr. Vijay Ratna Panwar (T & P Cell) (vijayrpanwar@gmail.com) (9568004598) OR
2. Ms Prerna Bahuguna (Department of Botany) (inspirationbahuguna1@gmail.com) (8126424745)

The winners will be felicitated with certificates & mementoes in male & female category each.


(Dr. Shailja Pant)
Principal

CC to:

1. Chairman Office,
2. Principal Office,
3. HOD- Physiotherapy
4. HOD- Commerce
5. HOD- Biotechnology
6. HOD- Agriculture
7. HOD- Horticulture
8. HOD- Forestry
9. HOD- Medical Lab Technology
10. HOD- Medical Microbiology

Report

NSS Unit of Dolphin (PG) Institute of Biomedical & Natural Sciences Dehradun organized a Debate Competition in its premises on "GENDER EQUALITY IN MODERN INDIA (MYTH & TRUTH)" on the occasion of International Women's Day on 8th March 2019. The participants spoke on the topic and told many Myth & Truth of Gender Equality. All were agreed that in cities the condition of Gender Equality is in better condition but in villages it is still the alarming situation.

Mr. Paras Bhatt of Forestry & Ms. Wadamon Suchiang of Zoology won the 1st & 2nd Prizes of the Debate Competition. Director of the institute Dr. Arun Kumar, Additional Director Shree V. K. Nagpal, Joint Director Shree Sunil Kaul, Dean- DSW Shree Vipul Garg, Professor Versa Parcha, Dr. Beena Joshi Bhatt, Dr. Deepti Warilkoo, Dr. Shalini Singh, Ms. Deepti Gulati, Dr. Ashish Raturi & Ms. Vineeta Pandey also expressed their views on the occasion. NSS Programme officer Ms. Purna Bahuguna coordinated the programme.



7 Days Special Camp on Community Engagements in the Neighbouring Village schools
25/3/2019-31/3/2019

CIRCULAR

N. S. S. (National Service Scheme)
Dolphin (P.G.) Institute of Biomedical & Natural Sciences, Dehradun

Circular
7 DAYS SPECIAL CAMP

Date: 23.03.2019

This is for the information of students of B.P.T. /B. Com./B. Sc. Biotechnology/ B. Sc. Agriculture/ B. Sc. Horticulture/ B. Sc. Forestry/ B. Sc. Medical Lab Technology/ B. Sc. Medical Microbiology that the NSS Unit of the institute is conducting a 7 days special camp as per the following details:-

Duration of the Camp- 25th to 31st March 2019
Camp Site- Village Panchayat Manduwala, Dehradun
Total Seats- 50

The interested NSS volunteer students are advised to report in old library hall (Conference Hall- 1) sharp at 9.30 on 25th March 2019.

The enrolments of students of 1st, 2nd & 3rd year have been received as per the following:-

S. No.	Class	Enrolment Received			
		I Year	II Year	III Year	Total
1	B. Sc. Forestry	24	NIL	01	25
4	B. Sc. MLT	NIL	16	15	31
7	B. Sc. Biotechnology	08	11	01	20
10	B. P. T.	17	17	10	44
13	B. Sc. M. M.	NIL	09	NIL	09
16	B. Sc. Agriculture	NIL	22	NIL	22
19	B. Sc. Horticulture	15	15	15	45
22	B. Com	NIL	NIL	NIL	NIL
Total					196

The HODs are requested to nominate the students and depute them for the special camp and also inform to the following NSS officials:-

1. Mr. Vijay Ratna Panwar (T & P Cell) (vijayrpanwar@gmail.com) (9568004598) OR
2. Ms Prerna Bahuguna (Department of Botany) (inspirationbahuguna1@gmail.com) (8126424745)

(Dr. Shailja Pant)
Principal

CC to: 1. Chairman Office, 2. Principal Office, 3. HOD- B.P.T. /B. Com./B. Sc. Biotechnology/ B. Sc. Agriculture/ B. Sc. Horticulture/ B. Sc. Forestry/ B. Sc. Medical Lab Technology/ B. Sc. Medical Microbiology

Report

NSS Unit of Dolphin PG Institute, Dehradun organized a 7 day Camp from 25th to 31st March 2019 at Naugaon Panchayat Bhavan Manduwala, Dehradun. 75 students from different departments of UG courses have volunteered to participate in the camp. Various activities like "SWACHHATA ABHIYAN", "VOTING AWARENESS PROGRAMME", "BETI BACHAO BETI PADHAO", "TAMBAKHOO, SHARAAB AUR DRUG KO NA KAHO JINDAGI KO HAAN KAHO", "SCHOOL CHALO" & "SAFAI RAKHO SWASTHA RAHO" were planned

for the camp duration. The students have interacted with the local villagers on the above topics & made them aware.

Gram Pradhan of Manduwala Gram Panchayat Shri Pradeep Yadav inaugurated the NSS Special Camp. He appreciated the efforts of NSS unit of the institute has assured his full cooperation during the camp. In continuation of 7-days Community Awareness Programme a rally on Voting Awareness was conducted on 27 March 2019. The student volunteers interacted with a group of rural people to must vote and not to waste their vote. They also gave them a strong message through recital slogans for voting in the nearby areas from Naugaon Panchayat Bhawan Manduwala, Dehradun to Bhauwala Chowk, Dehradun.

During the camp the NSS unit also initiate a "Blood Group Diagnose" programme for 55 students of Govt. Primary School , Naugaon. The volunteers also gave training on Waste Paper Craft, Maths Origami, General Awareness etc. On this occasion the volunteers also organized cultural and sports activities like Musical Chair, Painting Competition, Race, Frog Race, Sack Race for the school students. The Dean, Student's Welfare, Dolphin Institute Shri Vipul Garg awarded prizes to the winners of different activities. During the campaign the Volunteers also conducted "Swachhata Drive", "Beti Bachao Beti Padhao", "General Awareness Campaign", "Tree Lime and Geru Painting Programme", "Temple Renovation" and "Education Awareness programmes" etc. The volunteers worked hard and enjoyed the camp and termed it as a mile stone. Programme officers Ms. Prerana Bahuguna and Mr. V R Panwar expressed their heartiest gratitude to Gram Pradhan, Manduwala Sh. Pradeep Yadav, Principal and Teachers of Govt. Primary School Naugaon for extending their support.



Guest Lecture – Bone Health & General Health Awareness

CIRCULAR

Dolphin (PG) Institute of Biomedical & Natural Sciences,
Manduwala, Dehradun, Uttarakhand

P/05.01/DIBNS/2018-19

Date: 03-04-2019

CIRCULAR

On the occasion of 'World Health Day' on 6th April, 2019, there will be a workshop in which Dr. Himanshu Kocher, M.S. (Ortho), MCH (Joint Replacement & Sports injuries) Head – Joint/Ortho, Max Hospital, Dehradun (Uttarakhand) will deliver lecture on general health issues particularly on "Bone Health & General Health Awareness". The faculty members and students are advised to participate in the workshop. This workshop will be of great use for students along with faculty members as the same will enlighten them various aspects of general health.

Venue : New Auditorium
Time : 9:30 A.M. Onwards
Date : 6th April, 2019

Shailja Kant
(Principal)

C.C. to

1. The Chairman (For kind information pls)
2. The Principal
3. The Director
4. Administration Officer

Shailja Kant
Principal
Dolphin (P.G.) Institute of
Bio-Medical & Natural Sciences,
Manduwala, Dehra Dun

mb
(V.R. Panwar)

Report

Departments of Physiotherapy & Medical Lab Technology jointly organized a seminar on Bone Health on 6th April 2019 to commemorate the World Health Day. Dr. Himanshu Kochhar, Orthopedic Surgeon, Max Hospital, Dehradun in his guest lecture mentioned that as the age increases, the minerals and calcium reduce in the bones which can be fulfilled by adding milk, curd, mattha and dark green leafy vegetables in the diet. The teeth also become weak or bones indicate the deficiency of calcium in bones. He advised that healthy food and 4 times a week 30minutes brisk walk will fulfill the calcium need of the bones. The programme was attended by the faculty and students from both the departments.



Two Minutes for Cleanliness

CIRCULAR

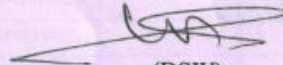
Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun Dolphin Students Welfare Council (DSWC)

Circular




All HODs and Course Coordinator,


This is to inform you all that DSWC organizes a program "Two Minutes to Cleanliness" in association with Amar Ujala Foundation and Nestle India on 25-09-2018 at 11:30 am onwards at conference hall. Kindly inform the students of your department. After that the students will go for a rally.

Date: 20-09-2018


(DSW)

Copy to:

1. C&MD for information please 
2. The principal
3. The Director
4. The Addl. Director
5. All HOD's 
6. IQAC /Sports Officer/ NSS/NCC/Scout & Guide/YRC Coordinators
7. Hostel In charge 
8. All notice board


Principal
Dolphin (P.G.) Institute of
Bio-Medical & Natural Sciences,
Manduwala, Dehra Dun

Report

Dolphin Students Welfare Committee (D.S.W.C.) in association with Amar Ujala news paper and Nestle Co. organised a programme in its premises namely “Two minutes for cleanliness” on 25 September 2018. Highlight of event was an inspiring talk by Shri Navin Kumar Sadana, Manager Outreach partnership, Waste Warriors. He explained that the waste can be divided into three parts. He said that with this not only the residential waste will be disposed in a proper manner rather the area will also remain clean. He warned that burning, burying and dumping of waste is more harmful to the environment. Dean DSW Shri Vipul Garg assured that the students of Dolphin Institute will form the chains to spread the message at large.



Impact of drug abuse on today's youth

CIRCULAR

Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun Dolphin Students Welfare Council (DSWC)

Circular

All HODs and Course Coordinator,

This is to inform you all that DSWC organizes a interactive programme on "the impact of Drug Abuse on the Youth of today" in association with HNN NEWS 24*7 on 26-09-2018 at 11:30 am onwards in conference hall. The special guest of the programme is BJP MLA Sh. Vinod Kandari, Congress Leader Shri Lakhpat Butola, CO City Sh. Rameshwar singh. Kindly inform the students of your department.

Date: 21-09-2018

(DSW)

Copy to:

1. C&MD for information please *mbi*
2. The principal
3. The Director
4. The Addl. Director
5. All HOD's
6. IQAC /Sports Officer/ NSS/NCC/Scout & Guide/YRC Coordinators *h*
7. Hostel In charge *h*
8. All notice board

Principal
Dolphin (P.G.) Institute of
Bio-Medical & Natural Sciences,
Manduwaia, Dehra Dun

Report

HNN News 24 × 7 in collaboration with DSWC organised an interactive TV session 'Yuva Sanwad' with Dolphinites on "The impact of Drug Abuse on the youth of today" on 26 Sept., 2018. A panel of invited guests comprising Dr. Arun Kumar, Director, DIBNS, BJP MLA Shri Vinod Kandari, Congress Leader Shri Lakhpat Butola, CO City Shri Rameshwar Singh, CFO Shri Sandeep Rana and renowned psychologist Dr. Mukul Sharma was constituted to interact with the students. The students participated with full enthusiasm on the issues of drugs and consumption of alcohol by youth and various remedial measures which could be taken to control the menace. The panelist suggested many possible solutions for the above issues and emphasized on the pivotal role the Govt. can play in this regard. The programme was telecasted repeatedly by HNN news channel.



Multipurpose Disability Health Camp (Participation and Financial support)

CIRCULAR

**Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun
Dolphin Students Welfare Council (DSWC)**

Circular

All HODs and Course Coordinator,

This is to inform you all that DSWC organize two days Multipurpose Disable health camp in association with Harshal foundation, Doon Sanskriti and Amar Ujala Foundation on 29-09-2018 and 30-09-2018 at Agarwal Dharmshala, Dehradun from 09:30 Am onwards. Kindly inform the students of your department. Who want to participate in the camp kindly give their name to DSWC office.

Date: 26-09-2018

(DSW)

Copy to:

1. C&MD for information please
2. The principal
3. The Director
4. The Addl. Director
5. All HOD's
6. IQAC /Sports Officer/ NSS/NCC/Scout & Guide/YRC Coordinators
7. Hostel In charge
8. All notice board

Principal
Dolphin (P.G.) Institute of
Bio-Medical & Natural Sciences,
Manduwala, Dehradun

Report

Harshal Foundation, Doon Sanskrit and Amar Ujala Foundation in collaboration with Dolphin Institute organised two days multipurpose help camp on 29th & 30th September 2018 at Agarwal Dharamshala, Dehradun for disables. A plethora of services like free health check ups, artificial hand & foot, Physiotherapy, shoes, hearing machine, wheel chair, tricycle, crutches, Aadhar Card, Disability Certificate, Roadways bus pass, Information of skill development schemes, self employment schemes is abled Pension schemes , Aayushman Bharat Yojana, Yoga and related facilities, available bank services by Dena Bank and many other related information and facilities were provided at a single platform. The camp was inaugurated by Madan Kaushik, Cabinet Minister, Govt. of Uttarakhand and the chief guest of the day, M.L.A. Rajpur constituency Khajan Das, Organizer Rama Goyal, Amrit Lal, Shyam Sundar Goyal, Dean (C.S.R.) OF AIIMS Rishikesh Dr. Virendra Singh and Director Dolphin (P.G.) Institute, Dehradun Dr. Arun Kumar. Shri Madan Kaushik in his speech emphasized that besides the govt. it is also the moral responsibility of the society to help and uplift the disabled.

He further said that the works to motivate and develop the confidence and respect in disabled should be done continuously and this can be achieved only by the joint efforts of different groups in the society. He added that social work is tough work but this is the only work which gives the most satisfaction. The camp was an outstanding success in providing assistance and relief to The large number of disabled who have gathered from far and wide.



Aparajita" 100 million smiles

CIRCULAR

**Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun
Dolphin Students Welfare Council (DSWC)**

Circular

All HODs and Course Coordinators,

This is to inform you all that DSWC organizing a seminar on woman safety and empowerment namely "Aparajita 100 Millions smiles" on 23-01-2019 in association with Amar Ujala, Dehradun. The DSWC also organize a oath ceremony for Women Empowerment along with the students of nearby schools on 30-01-2019. Kindly inform the students of your department.

Date: 18-01-2019

(DSW)

Copy to:

1. C&MD for information please ✓
2. The principal
3. The Director
4. The Addl. Director
5. All HOD's
6. IQAC /Sports Officer/ NSS/NCC/Scout & Guide/YRC Coordinators
7. Hostel In charge ✓
8. All notice board ✓

Principal
Dolphin (P.G.) Institute of
Bio-Medical & Natural Sciences,
Mandawala, Dehra Dun

Report

Dolphin Students Welfare Committee took a great initiative in organising seminar "Aprajita 100 Million Smiles" for women safety and empowerment on 23rd January 2019 with the news daily Amar Ujala. The committee organized a oath ceremony for 'Women Empowerment'. The students of Dolphin Institute along with the students of nearby schools visited the five local schools on 30th January 2019 and persuaded everyone to join " Aprajita 100 Million Smiles" by filling 1000 forms provided by Amar Ujala foundation for women's safety.



Workshop on "DIAL AGAINST DRUGS"

CIRCULAR

**Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun
Dolphin Students Welfare Council (DSWC)**

Circular

To,

All HOD's/Coordinators

DIBNS, Dehradun.


Sir/Madam,

I am pleased to inform you that DSWC organizes a **workshop on Drug abuse and de addiction under the campaign "Dial Against Drugs"** started by Dainik Jagran. The work shop will be held on 13-02-2019 at 11:30 AM onwards in new conference hall.

The Guest speaker of the said workshop is Shri Pushpak Jyoti, IG Uttarakhand Police.

You all are requested to inform to the students of your concern Departments and ensure their presence during the programme.

Date: 11/02/2019



(Vipul Garg)

Dean Students' Welfare

Copy to:

1. C&MD for information please
2. The Principal

3. The OSD
4. The Addl. Director

5. Notice Board

Report

Dainik Jagran has been conducting workshops in school and colleges on “Dial against Drugs”. In continuation of the same the Hindi news daily organised a workshop in institute’s premises on 13th February 2019 in association DSWC and Uttarakhand Police. Shri Pushpak Jyoti, IPS, IG Home Guards & Civil Defense educated students about the evil effects of Drug addiction. He assured that if one has strong will power and habit to say “NO” for wrong things than he/she can keep away from the drug addiction. He further told that the world of intoxication is like collieries cabin in which entry is very easy but there is no exit. Shri Arvind Gupta, Chairman of the institute appreciated the awareness drive undertaken by Dainik Jagran and hoped it will spread the awareness about the intoxication among the youths. He informed that Dolphin institute is continuously making efforts to educate its students about the ill effects of drug abuse. Dr. Shailja Pant, Principal also praised the efforts of Dainik Jagran and said that the programme will not only make students aware but it will also make the society aware as well. She also appealed to start a campaign against the illegal shops selling the intoxication material near the schools and colleges. Shri Vipul Garg. A large number of faculty and students attended the programme.



5th International Yoga Day Celebrations

CIRCULAR

Dolphin (PG) Institute of Biomedical & Natural Sciences, Manduwala, Dehradun

Dolphin Students Welfare Council (DSWC)



Circular

As per the direction of UGC/MHRD/AYUSH/University, DSWC have decided to organize the **Fifth International Yoga Day on 21 June 2019 at 07:00 Am in the Institute.**

You are requested to inform the student to participate in the programme and submit the list to the DSWC office.

All staff members (teaching and non teaching) are also requested to participate in the above mentioned programme.

Thanking you,

Date: 18-06-19

With Regards

DSW

Copy to:

1. C&MD for information please
2. The principal
3. The Director
4. The Addl. Director
5. All HOD's
6. IQAC /Sports Officer/ NSS/NCC/Scout & Guide/YRC Coordinators
7. Hostel In charge
8. All notice board

Report

The institute organized 5th International Yoga Day with various yoga activities for teachers and students of different departments in the premises of the institute on 21st June 2019. Yoga Guru Jyoti Mendirutta performed and taught many yoga-asana during the programme. The programme was inaugurated by Dr. Arun Kumar who explained the importance of Yoga in our daily life and explained that to overcome the side effects of today's hectic life style each and every person should assimilate yoga in his/her life. Shri Vipul Garg, DSW emphasized that the stabilization of mind and spirit is necessary in every student's life. This could be achieved through yoga. Shree Sunil Kaul, Joint Director, N. K. Joshi, Sudhir Bharti, teachers from different departments and other supporting staff, besides a large number of students also participated in Yoga.



Seminar on General Health issues and Hygiene

CIRCULAR

Dolphin Students Welfare Council

Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun

Circular

On the occasion of "World Health Day" on 7th April' 2019, DSWC will organize a workshop on Health awareness in Association with Indian Red Cross society, Dehradun YRC Unit of Institute and Amar Ujala Foundation, Dehradun at New Auditorium from 11:00 PM onwards.

CMO, Dehradun will be the Chief Guest of the workshop. Smt. Chaya Shukla, Chairman, Indian Red Cross Society, Uttarakhand State will be the Guest of honour of the programme.

Renowned Doctors of Doon Medical University along with Famous Neuro Psychologist Dr. Sona Kaushal Gupta will deliver the lectures on various aspects of general health.

This workshop will be beneficial for students along with faculty members.

Date: 05-04-2019


(Vipul Garg)

DSW

Cc to:

1. The Chairman sir for information please
2. The Principal
3. The Director
4. The Joint Director
5. Hostels

Report

The institute organized a seminar on general health issues in association of Indian Red Cross Society on the occasion of World Health Day on 7th April 2019. The programme was jointly organised under the aegis of Dolphin Students Welfare Council and Youth Red Cross. Dr. I. S. Pal Ex. DG Directorate of Health, Govt. of Uttarakhand was the Chief Guest of the programme. The expert speakers in the seminar were Dr. Sona Kaushal Gupta, Psychologist, Dr. Piyush Kumar, CMO office Dehradun, Shri Subhash Joshi, District Malaria officer Dehradun and Smt. Parvati Pandey from Directorate of Health, Govt. of Uttarakhand. Dr. Shailja Pant, Principal welcomed the guests and the participants.



Multipurpose Health Camp: Free Blood Test of 450 patients

CIRCULAR

Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun Dolphin Students Welfare Council (DSWC)

Circular

As you all know that DSWC always instrumental to organize philanthropic activities. In continuation, DSWC organizing a multipurpose Health Check up Camp in Association with Raath Jan Vikas Samiti (registered) on 1st & 2nd June 2019 in Government Inter College under Pabo Development Block of district Pauri Garhwal. Dr. Dhan Singh Rawat, Hon'ble minister independent charge of cooperative, Milk Development Protocol & higher Education, Govt. of Uttarakhand will be the Chief Guest of the Program.

DSWC also provide free blood test Facility for patients coming in the said camp.

Date: 24-05-2019

(DSW)

Copy to:

1. C&MD for information please ✓
2. The principal
3. The Director
4. The Addl. Director
5. A/c Section for information
6. Mr. Pankaj Gusain for N/A
7. Mr. Rajesh Jha, make arrangement for blood test in the said camp

Shivendra
Principal
Dolphin (PG) Institute of
Bio-Medical & Natural Sciences,
Mendowari, Raipur, Dm

Report

7th multipurpose Health Check up Camp of Raath Jan Vikas Samiti (registered) was organized on 1st & 2nd June 2019 in Government Inter College under Pabo Development Block of district Pauri Garhwal. The camp was graced by the chief guest, Dr. Dhan Singh Rawat, Hon'ble minister independent charge of cooperative, Milk Development Protocol & higher Education, Govt. of Uttarakhand. Elaborating upon the public welfare schemes of Government of India and Government of Uttarakhand, he emphasized to assure public participation.

Committee officials, Allopathic, Ayurvedic and Homoeopathic doctors participated in the camp. Different types of handicap assistance aids (instruments) were distributed by National

Institute of Visual Disabilities, Dehradun along with 12 handicap certificates were distributed by the Chief Medical Officer, Pauri, in the camp. Besides free pathological tests of patients were conducted by Dolphin PG Institute, in the camp.

Following facilities were made available in the multipurpose Health Camp.

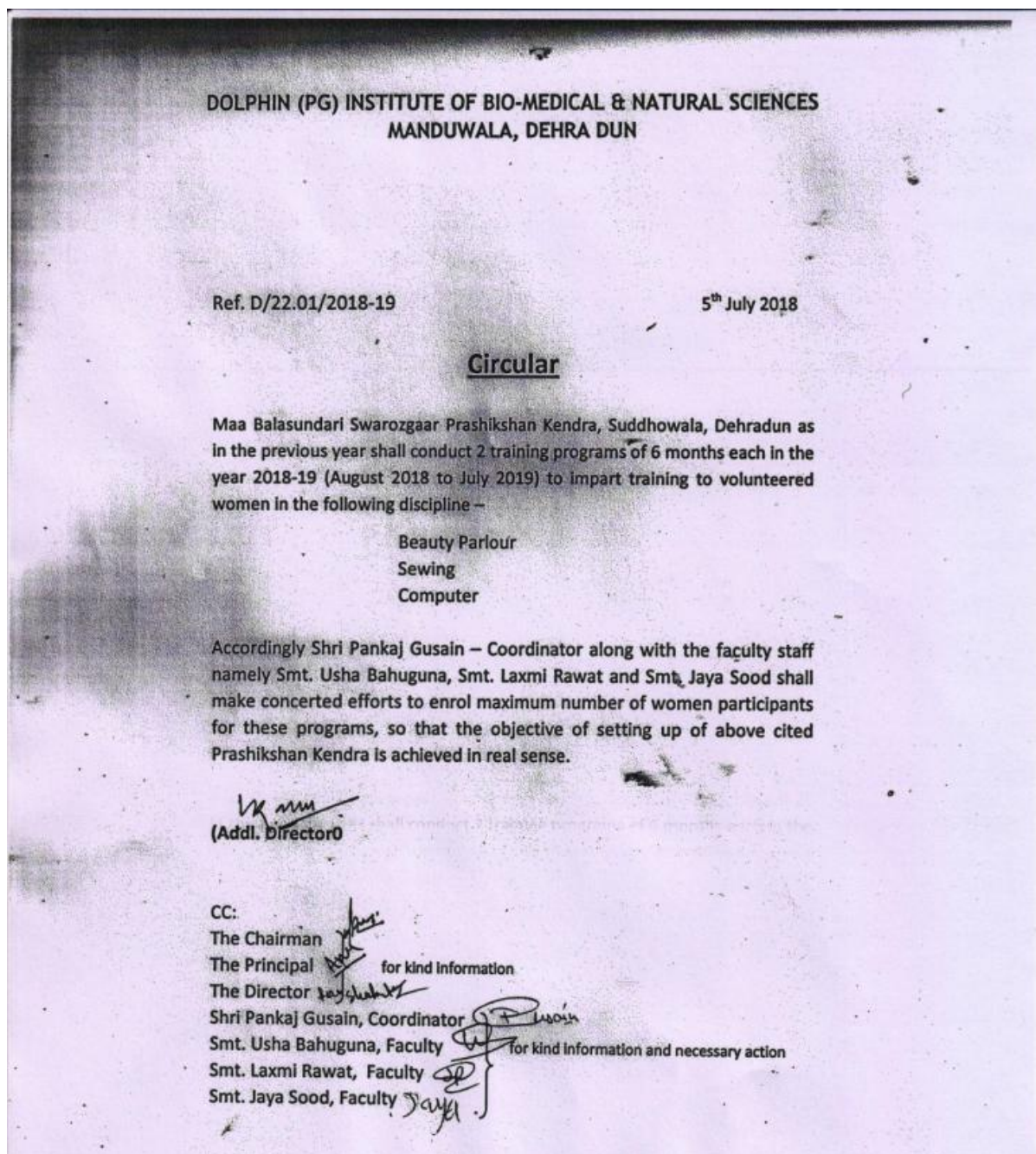
1. Free distribution of medicines after general health checkup of patients – 902 in number.
2. Free distribution of disabled instruments by NIVH Dehradun, comprising – Wheel Chair-05, crutch-08 pairs; blind stick-02; stick-350; hearing aid-85; eye goggles -767 etc.
3. Free blood tests of 460 patients in assistance with Dolphin PG Institute, Dehradun.
4. Beneficiaries were also given income certificate OBC certificates, permanent residence certificated, character certificates by the Revenue department.
5. Local people were made aware about in various schemes by the social welfare department, in the camp.
6. Agriculture department also made local people aware about the different schemes related to agriculture and gardening.
7. Hans Foundation also sent a delegation of doctors to cooperate in the camp.

On behalf of Dolphin PG Institute, Coordinator, Mr. Pankaj Gusain and Pathologist Mr. Rajesh Kumar Jha also contributed significantly in the Heal Camp.



Maa Balasundari Mahila Swarozgaar Prashikshan for Computer, Sewing and Beauty Parlour

CIRCULAR



Report

Maa Balasundari Mahila Swarozgaar Prashikshan Kendra, Suddhowala, Dehradun was established in March 2017 under the aegis of Dolphin PG Institute of Biomedical & Natural Sciences, Dehradun to empower the women irrespective of caste, creed, religion, age to make them financially independent to enable the women power to uplift their own and other family member's standard of living.

To achieve the objective the Prashikshan Kendra started imparting 6 month's training in three different fields, viz., beauty parlour, sewing, and computers by the qualified and

experienced faculty. In the year 2018-19 the following number of women was trained in the above disciplines and was awarded the course completion certificates.

Beauty Parlour	-	25
Sewing	-	09
Computer	-	18
Total	-	52

It will not be out of place to mention that majority of these trained women started their profession and some of them got employment in different organizations/establishments and started earning handsomely.

