

Capacity Building and Skills Enhancement Initiatives

Dolphin Institute is committed for all-round development of the students i.e. developing a student in multiple aspects, such as physical, intellectual, emotional, and social. This type of development aims to help students become well-rounded and able to function effectively in all aspects of their lives. It encompasses a holistic approach to personal growth and self-improvement.

To achieve the same, regular sessions for i. Soft skills ii. Language and communication skills iii. Life skills iv. ICT/computing skills are organized for the students.

i. Soft skills

A. Dr. Meenakshi Verma took 14 sessions of soft skills and covered a large number of topics such as Discipline & SWOT Analysis, Introduction to Personality Development, Perception & Attitude, Interview Skills, Over thinking, Stress management and attitude building, Focus and goal setting, Nervousness & Confidence Building, Conflict management. The students attended the sessions attentively. During the interactive sessions they cleared their doubts and concepts. Students were given tasks/ activities which were to be done by the students either individually or collectively to develop confidence, team spirit, leadership qualities etc.





B. “Self Development and Personal Growth Annual Programme” by *EDFacto*

Session 1: Teamwork and developing leadership qualities (19th Feb., 2022)

Objective: The session was held with the objective to develop team work spirit among the students and also to hone up their leadership qualities.

Session 2: Time and Stress Management (22nd April, 2022)

Objective: The session was conducted with the objective to make the students aware about the importance and techniques of time and stress management.

Session 3: Interview Skills and Resume Making (28th May, 2022)

Objective: The objective of this session was to prepare the students for Interviews whilst telling them how to prepare an effective resume.



ii. Language and communication skills

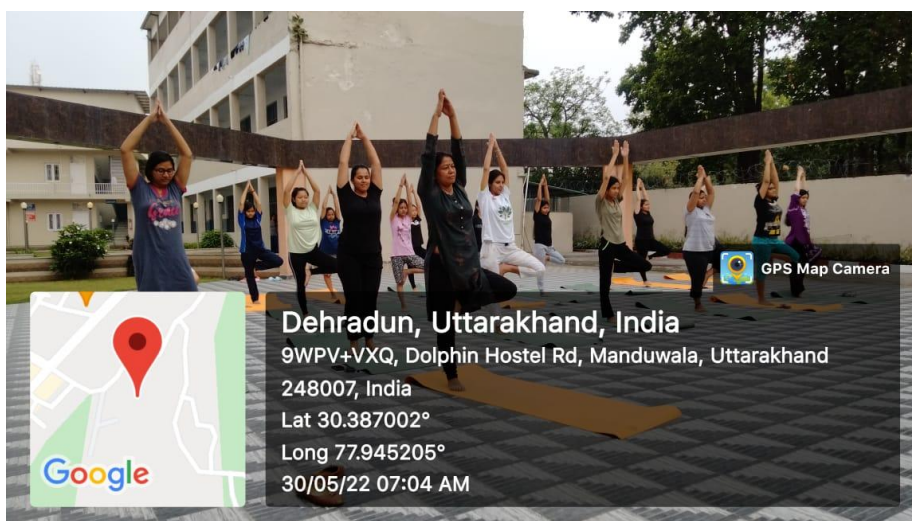
Dr. Meenakshi Verma took 11 sessions for developing language and communication skills. She explained that there are four language and communication skills: listening, speaking, reading, and writing. These four skills of language allow an individual to comprehend and produce spoken language for proper and effective interpersonal communication. The students were made to practice on all the four skills. Concept of Non Verbal Communication was also made to practice by the students. Importance of Grammar was also explained to them and assignments too were given on it.



iii. Life skills

Students are provided ample opportunity to play outdoor and indoor games. Three days Yoga camp was also organized for the students from 30th May to 1st June 2022. Ms. Geeta, trained Yoga Instructor conducted the camp.





iv. ICT/computing skills

Two Guest Lectures were organised for the students. One was on Artificial Intelligence and the future of Mankind by Dr. Lokesh Gambhir, SGRRU on 5th October 2021. The talk was highly interesting and informative as the students were made aware of the recent developments in the field of Artificial Intelligence and how computer-controlled robots are performing tasks commonly associated with intelligent beings. The other talk was on Internet of Things: Privacy Security & Governance by Prof. (Dr.) Pramod Kumar, Krishna Engineering College on 24th March 2022. Cyber crime is a serious offence. The impact of cybercrime for both individuals and companies can be profound – primarily financial damage, but also loss of trust and reputational damage. The students were made aware of the ways by which they can protect themselves from the crime. The talk was highly informative.